

2023 Speaking Topics

Topic #1: Mediocre to Maximized

The 5 Rules to Transform From Mediocre To Maximized in Business & in Life.

Topic #2: Maximizing Midlife

How to live better, stronger, happier, healthier, wealthier and have more fun in middle age.

Topic #3: Redefining Success

From Salary & Title to The 6F's. How to turn Your F's into A's and get back what matters most.

Topic #4: Focus On HOW, Not WHY

The breakthrough action over outcome message that everyone needs to hear.

Topic #5: Redefining Aging

Stop viewing aging with fear and start seeing it as something aspirational.

Other Popular Topics

Overcoming Adversity. Living a High-Performance Lifestyle. Growth Mindset.