

2023 Biography

Entrepreneur, performance coach, keynote speaker, thought leader and bestselling author Greg Scheinman has interviewed more than two hundred of the world's top performers—from top CEOs and entrepreneurs to Grammy-winners and Olympic gold medalists.

His podcast, *The Midlife Male*, is now one of the top-rated podcasts in the world and weekly newsletter reaches thousands each week.

Now, through his High-Performance Lifestyle Coaching Program and empowering keynote speeches, Greg Scheinman is sharing his secrets and the secrets of the world's top performers to help you transform from Mediocre to Maximized at any age & stage of life and get back what matters most.